This Week At St. Andrew's

St. Andrew's Needs Your Ideas!

God has blessed St Andrew's richly, in more ways than we realize. How might we put those riches to use for God? Bring your ideas as Pastor Mitch leads us in an exercise in which together we explore the riches of St Andrew's; the people (you!), the skills, the resources, our connections in the community and our buildings (and everything in and about them).

Having explored what we have and who we are we will seek to discover how might we use these riches for God's purpose!

Pastor Mitch has led this exercise many times, in many circumstances. It invariably creates opportunities for brainstorming, sharing ideas and then and creating plans for immediate action. And it creates excitement and enthusiasm! Come and join us.

WHEN: This session is for everyone; we hope you will plan to set aside time to join in this important congregational activity. Unfortunately it is not possible to schedule a session before the beginning of Lent, but we would like to know if you are interested in attending.

Please sign up in one of the following ways and indicate times that might work best for you (daytime/evening/weekend or via Zoom) and we will do our best to accommodate everyone:

- Sign up sheet in the Kirk Hall on February 5 and February 12
- call the church office.
- Email <u>session.clerk@standrewsvictoria.ca</u>

Please contact Pastor Coggin if you would like to know more about these sessions (known as Asset Mapping)

Music Notes

The choir anthem this week is
African Psalm by Patrick Liebergen.
This piece is arranged from a
Kenyan folk song with words
adapted from the Psalms.



2023 Vancouver Island Presbytery Summer Camps

(A program of the Presbyterian Church in Canada)

Location and Dates:

Little Qualicum Falls Provincial Park June 5th-9th

French Beach Provincial Park July 6th-10th

Rathtrevor Provincial Park July 31st-August 7th

For Enquiry Contact: Camp VIP Communicator campvip@outlook.com

Camp Website https://vipresbytery.net

St. Andrew's Presbyterian Church acknowledges and thanks the Lekwungen People – WSÁNEĆ, Songhees and Esquimalt First Nations – on whose traditional land we meet and worship.

In the Light of a New Constellation

By now most of us are familiar with Jan Richardson, one of Reverend Coggin's favourite devotional authors. Each year she offers a Women's Christmas Retreat rooted in the Irish custom of celebrating Epiphany as Women's Christmas; women took Epiphany as an occasion to celebrate together at the end of the holidays.

Women's Christmas offers an opportunity to pause and step back from whatever has kept us busy and hurried in the past weeks or months. As the Christmas season ends, this is an occasion both to celebrate with friends and to spend time in reflection before diving into what this new year will hold. This year's retreat is entitled, In the Light of a New Constellation. Within its pages is an invitation to rest, to reflect, and to contemplate where we are in our unfolding paths. It asks questions about our own journey.

This year we will "retreat" in our own homes, and come together to share our experience. Are you interested? Go to

https://sanctuaryofwomen.com/WomensChristmasRetreat2023.pdf

On Tuesday February 7th at 7:00 pm we will met via Zoom and discuss and reflect on the retreat. Stay tuned for more details. Any questions email Sabine at steetzel@telus.net

Join Zoom Meeting

https://us02web.zoom.us/j/83146801897

Meeting ID: 831 4680 1897

One tap mobile

- +15873281099,,83146801897# Canada
- +16473744685,,83146801897# Canada

Dial by your location +1 778 907 2071 Canada

Meeting ID: 831 4680 1897 Find your local number:

https://us02web.zoom.us/u/kSDOyV4jd

PWS&D Sunday

On PWS&D Sunday, February 5th, 2023 we recognize the work our church is doing to serve vulnerable communities around the world. Inspired by God's promise of abundant life, we are building a more sustainable, compassionate and just world! Your Mission & Outreach team will share with you the work PWS&D is doing in Pakistan during the month of February.

Each and every donation to PWS&D truly makes a difference in the lives of others.

Coffee Hour Volunteers

Your coffee hour team enjoys the fellowship we all share each Sunday after Worship. We are looking to get a second team of volunteers for coffee hour. Each team would be responsible for coffee every other week. Dorothy Reimer has offered to lead this second team.

We have 2 commitments and need 3 more to form a team. Perhaps you would be willing to set up cups and snacks before church, or prepare the coffee and tea, help to serve or clean up at the end. It's definitely a fun way to participate in the life of St. Andrew's!

For more information chat with any of us at coffee hour or contact Dorothy Reimer @ 250-592-5051 or the church office @ 250-384-5734.

Ash Wednesday Service

February 22 Wednesday 12:00 - 12:30 pm

Lenton Opportunity

What regular practice or experience in your everyday life connects you to the presence and goodness of God?

Perhaps, reaching out to a friend just when they need you (and you them) most, reading scripture in the quiet of the morning light, noticing the new buds on your rosebushes, or baking for your neighbour connect us to the presence and goodness of our faith in God.

Each of you experience moments that are prayerful reminders of God's presence; sometimes in the midst of difficult circumstances and often in the middle of our daily routines.

Last year, twenty of you shared your faith in our St. Andrew's Lenten Reader. My hope is that, like me, those reflections were a source of inspiration and encouragement in your own life with Christ. We want to create a Lenten Reader for 2023. Each of us both struggle and find joy as we attempt to know God. We aren't asking for your perfection, we are asking you to share your unique experience.

We invite YOU to share:

- A practice or experience that is prayerful, that reminds you regularly that God is here
- A regular routine that connects you to the presence and goodness of God in your everyday life

Describe your experience in any way that you choose: a description, an example, a story, poem, (handwritten or typed) or photograph that can be included in our daily devotional guide for the season of Lent.

Consider this opportunity to share your life of faith. If you have any questions or need encouragement, contact Linda Coggin by phone at 250-880-0932or email at lindacoggin@gmail.com.





OPEN CHURCH	Wednesdays 12 - 1 pm	Weekly in the Sanctuary.
MEDITATION HOUR	Wednesdays 4:30 - 5:30 pm	Weekly on the Sanctuary.
THURSDAY SOCIAL	Thursdays 2 - 4 pm	Weekly on Thursday in the Lecture Room. Drop by for coffee or tea, or just pop in for a few minutes to say hello. All are welcome!
ASSET MAPPING	February 19 Sunday	After coffee hour, explore the riches of St Andrew's; the people (you!), the skills, the resources, our connections in the community and our buildings (and everything in and about them). Participate in this opportunity for brainstorming, sharing ideas and creating plans for immediate action. Call the church office to register or sign up in Kirk Hall on Sunday.
STRING QUARTET CONCERT	February 18 Saturday 7:30 pm	Presented by the Early Music Society. Featuring the Consone Quartet!
ASH WEDNESDAY SERVICE	February 22 Wednesday 12:00 pm	Begin your Lenten season with this brief service of music and meditation at St. Andrews. The service will include musical reflections provided by Christine Purvis and the Ash Wednesday liturgy will be conducted by Rev. Mitch Coggin. The service will conclude at 12:30 with the imposition of ashes.
MARCH LINK DEADLINE	February 23 Thursday	Send your contributions to thelink@shaw.ca.
LENTEN BIBLE STUDY	February 23 to March 30 Weekly on Thursdays 3 - 4:30 pm	Based on the movie Chocolat and the book, Christ and the Chocolaterie: A Lent Course Paperback by Hilary Brand. Co-sponsored, led and taught by Rev. Cathy Victor, Rev. Laura Kavanagh, Rev. Mitch Coggin. Held at Knox Presbyterian Church at 2964 Richmond Rd. Purchase the book via Amazon Kindle version for \$4.27! Call the church office to let us know that you are coming.
THE MCDADES CONCERT	February 24 Friday 7:30 pm	Presented by Beacon Ridge Productions. The McDades' Celtic-rooted music fuses the spontaneity of jazz improvisation and infectious global rhythms.
ANNUAL GENERAL MEETING	February 26 Sunday	St Andrew's Annual Meeting immediately following worship. Please set aside time to participate in this important meeting.