### THIS WEEK AT ST. ANDREW'S

**ISSUE #191** 

ST. ANDREW'S PRESBYTERIAN CHURCH

**NOVEMBER 28, 2023** 

### **MUSTARD SEED FOOD BANK**

The Mustard Seed operates the most accessible food bank in greater Victoria region, situated in Victoria's downtown core. Our food bank provided 600,000 pounds of food, beverages and hygiene products to families and individuals; equivalent of an estimated 480,000 meals or 1,300+ meals per day! Our mission is to ensure that anyone in need of food can access the groceries they need without feeling shame, guilt or fear.

Current requests for donations:

- Sources of protein like peanut butter, canned fish (eg. Tuna) and canned meats (eg. Chicken, beef)
- Healthy non perishables (e.g., cereal, beans, pasta, canned vegetables and fruit)
- Female hygiene Products
- Toothpaste
- ☐ Toilet Paper

Items we won't or are not taking:

- Meat
- □ Dairy
- Furniture
- ☐ Kitchen supplies

OPEN: Monday to Friday 9:00 AM to 1:00 PM

CLOSED: 3rd or 4th Thursday each month - call to

confirm!

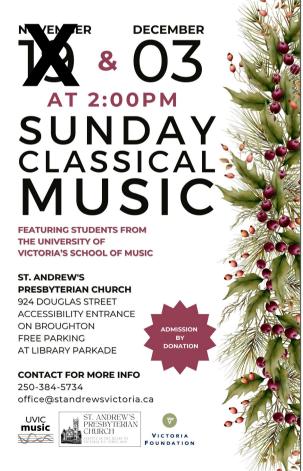
LOCATION: 625 Queens Ave, Victoria, BC, V8T 1L9

FOOD BANK PHONE: 250-953-1588 - leave a

message.

EMAIL: shyloa@mustardseed.ca





### **SHARE THE JOY OF CHRISTMAS**

With the donations that were received so far for our Share the Joy of Christmas 2023, we are off to a great start!

Just a quick reminder, every year the folks at St. Andrew's Presbyterian Church donate money to the Share the Joy of Christmas campaign with the goal of making the holiday season brighter and more hopeful for persons who are struggling financially in the Greater Victoria area. We pass along the donations that we receive to the Mustard Seed Street Church who run a food bank and have the connections to really stretch the money to fill Christmas baskets with nutritious food and small gifts for needy families who live near us. This year a Christmas hamper which feeds four persons costs \$360. (Last year the cost was \$170.) The price of food has skyrocketed this year...a lot of families, couples and individuals are struggling to put food on their tables.

Your generosity to Share the Joy will make Christmas miracles happen in the lives of your neighbours in need. This Christmas give hope, comfort and care by contributing as what you can.

Donate through your church envelopes or follow the instructions under the Donate tab on St. Andrew's website, standrewsvictoria.ca. Indicate that your donation is for "Share the Joy".

For more information, call Debra Verwey at 250-383-1009.



SHARE THE
JOYOF
CHRISTMAS

SUPPORTING THE MUSTARD SEED STREET
CHURCH CHRISTMAS HAMPER PROGRAM



DONATE AT:
WWW.STANDREWSVICTORIA.CA
INDICATE 'SHARE THE JOY OF CHRISTMAS'

# JS BACH ADVENT CANTATAS VICTORIA CANTATA ENSEMBLE

Monday December 4th, 7:00 PM St. Andrews Presbyterian Church, Douglas and Broughton Admission: \$10 cash at the door

Deanna Sills - mezzo soprano
Alex Chen - tenor
Louis Dillon - bass
David Barss - trumpet
Robert Jan Dukarm - organ

**Generous Sponsors:** 

Velletta Pedersen Christie - Lawyers Andy Stephenson - Sotheby's Realty Norgaard Kratofil Professional Group. Nick Anderson - RBC Dominion Securities

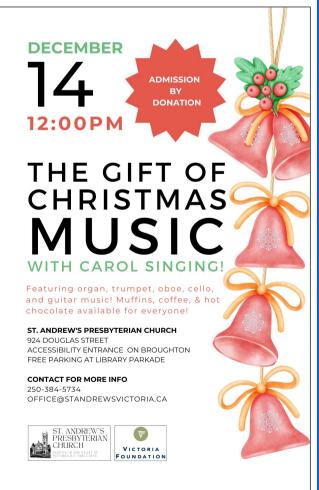
#### **SUNDAY NIGHT DINNER**

This is an opportunity to cook and eat together with students from UVic Multifaith. I hope we have participants from St. Andrew's, Trinity, and Knox congregations. The idea is to make a quick soup or stew together – depending on what ingredients are brought to share. We can also make biscuits or another quick bread to enhance the meal. Laura isam sort of making this up as I go along but there will be food and fellowship and fun so what can go wrong!?! Plan to be part of this community experience in the lovely Knox kitchen and lounge on the second Sunday of the month beginning January 14, 2024 / 5-7:30pm.

-Laura Kavanagh







## ST. ANDREW'S CALENDAR

OPEN CHURCH WED. AT 1:00 PM

MEDITATION HOUR WED. AT 4:30 PM

WORSHIP SERVICE SUN. AT 10:30 AM

PWS&D PRESENTATION AT KNOX CHURCH	November 30 Thursday 1:00pm	Everyone is invited to gather at KNOX CHURCH for an afternoon of information, conversation and refreshments. There will be a presentation by Guy Smagghe, Director of PWS&D.
SUNDAY CLASSICAL MUSIC SERIES	December 3 Sunday 2:00 pm	Presented by St. Andrew's Music Outreach, The Victoria Foundation, and Uvic Music. Free admission, donations accepted. Everyone welcome!
NOLLAIG CHRIDHEIL CONCERT AT TRINITY CHURCH	December 3 Sunday 2:00 pm	The Victoria Scottish Gaelic Choir presents 'Nollaig Chridheil', an afternoon of Scottish Christmas music, at TRINITY CHURCH. Tickets:eventcreate.com/e/gaelicchoir
ADVENT SING & STUDY AT KNOX CHURCH	December 4, 11, & 18. Mondays 1:00 - 2:30 pm	You don't have to be a great singer to enjoy the music of the season. Please let KNOX CHURCH know the songs you would like to explore and plan to attend this fun afternoon gathering with folks from Knox, Trinity and St. Andrew's.
JS BACH ADVENT CANTATAS	December 4 Monday 7:00 pm	Featuring the Victoria Cantata Ensemble. Admission is \$10 cash at the door.
VISIONS	December 9 Saturday 2:00 pm	Presented by Ensemble Laude. Tickets \$25,\$30 door, \$15 students, under 13 free. For more information and tickets go to https://ensemblelaude.org
THE GIFT OF CHRISTMAS MUSIC & CAROL SINGING	<b>December 14</b> Thursday 12:00pm	Presented by St. Andrew's Music Outreach and The Victoria Foundation. Light refreshment for everyone. Free admission, donations accepted. Everyone welcome!
GOTHIC VOICES	<b>December 16</b> Saturday 7:30 pm	A medieval Christmas celebration presented by The Early Music Society of the Islands. For more information and tickets go to www.earlymusicsocietyoftheislands.ca.

St. Andrew's Presbyterian Church acknowledges and thanks the  $l \ni k^w \ni \eta \ni n$  People –  $W\_S \land N \in C$ , Songhees and Esquimalt First Nations – on whose traditional land we meet and worship.